

# THE NEWSLETTER

VALERO EMPLOYEES' ENERGY AT THE SERVICE OF THE COMMUNITY



## SCHOOL PERSEVERANCE

### A LIVELY RETURN TO SCHOOL FOR STUDENTS OF ÉCOLE POINTE-LÉVY

Last September 4, the 1,500 students of *Pointe-Lévy* high school were treated to a special day which featured a very entertaining and colourful juggling show by a most impressive guest artist, Ryunosuke Yamazumi, who was the first Japanese to attend the Quebec circus school. We are hoping that students will have a successful 2015-2016 academic year... as pleasant as the show that got the year off to such a rousing start!



### UNITED TO RESOLVE THE PROBLEM OF DEPRESSION AMONG YOUNG PEOPLE



In Quebec, it is estimated that 5% to 10% of teenagers suffer from major depression. In other words, a school with 1,000 students has between 50 and 100 who are affected.

As part of its commitment to school perseverance, Valero has donated \$5,000 to the United for life program (*Solidaires pour la vie*) of the mental illness foundation. The purpose of the program is to teach teenagers 14 and over, parents and school staff how to recognize the signs and symptoms of depression and to direct those in distress to the proper resources.

Stress, anxiety and intimidation are part of the lives of teenagers and can lead to dropping out, depression and even suicide at times.

Since this awareness program was implemented in 1998, United for life has met with close to 922,000 young people from all over Quebec.

### FEEDING PERSEVERANCE

In the past few years, Valero has been partnering with *Tablée des chefs* whose mission is to feed needy families and educate future generations by making them food self-sufficient. In the past three years, \$15,000 has been turned over to this organization that assists families and young people, including students of *Pierre-Dupuy* high school, one of four schools sponsored by our company. Valero, *Pierre-Dupuy* high school and *Tablée des chefs* – a threesome of which we are proud to be part!

Valero recently donated \$1,600 to *Tablée des chefs* as part of the *La Grande Tablee*, a benefit event that will be attended by more than 700 people in November.



CHECK OUT THIS MONTHLY NEWSLETTER, AND IF YOU HAVE SOME IDEAS OF IF YOU WOULD LIKE TO GET INVOLVED TO SUPPORT SCHOOL PERSEVERANCE, CONTACT US [affairespubliques@valero.com](mailto:affairespubliques@valero.com)



## COMMUNITY INVOLVEMENT

### LET'S GET ACTIVE!

The Let's get active challenge («Défi doués pour bouger!») organized by Montreal's Sacré-Coeur Hospital foundation promotes the importance of being active and at the same time raises funds for the Jean-Jacques-Gauthier cardiopulmonary rehabilitation centre. The program had 1 km, 2 km, 5 km or 10 km courses where persons could walk or run either alone or with their family, friends and even work colleagues. This is a good way of encouraging healthy living habits, which are values dear to Valero. That is why we gave \$2,500 for the event. A total of \$104,270 was raised on September 13. Congratulations to the organizers.

Défi doués pour bouger!



### GREEN THUMBS DO THEIR THING IN LÉVIS

Valero Energy along with the two shores forestry association and the Lévis Déziel Scouts grouping planted some 3,000 trees last September 12. The day marked the 2<sup>nd</sup> phase of the ecological restoration project of Valero Energy's Abbey woodland. When the project is completed, it will have lasted four years and more than 12,000 trees of various species will grace the park.

Special thanks to Marie-Andrée Dubée for her leadership in organizing this special event and thanks to all participants!

Picture (left): Marie-Andrée Dubée seen here with apprentice landscapers. Picture below: more than 100 scouts gave a hand in planting red oaks as well as red, sugar and silver maples and willows.



### TRUCK RIDE BRINGS IN \$122,000 FOR LEUCAN IN THE QUEBEC REGION

The Galeries de la Capitale shopping centre took on a festive look last Saturday, September 12, with the 12th edition of the Truck Ride Event organized by Transport Jacques Auger. Emergency vehicles, make-up and inflatable toys, and tanker truck tours were offered to families by Transport Jacques Auger. The festivities proved to be a resounding success, as a record 670 people turned out. Valero contributed \$5,000, pushing the total pledges to \$122,000. This surely sets the stage for the 13<sup>th</sup> edition.

